



Nunyara House
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3rd January 2020

Welcome to another Nunyara Newsletter and a New Year! It has been an anxious start for many Australians and local residents with the awful effect of climate change and devastating bushfires. We have been reminded almost daily over the last month by the smoke haze which is hanging over the state and the sound of water bombers flying overhead. I hope all of our staff and consumers remain safe over the months of summer yet to come!

Believe it or not our 10 year anniversary of consulting at Nunyara House quietly slipped by in September. It seems only yesterday that Cherie and I were both working at Galmec Specialist Suite, Gawler Health Service and I was arguing with Gawler Council for approval to develop our little property into a Specialist Consulting Suite. We haven't looked back since. Our consulting family has changed a little over the years. We now host a wide range of medical specialties.

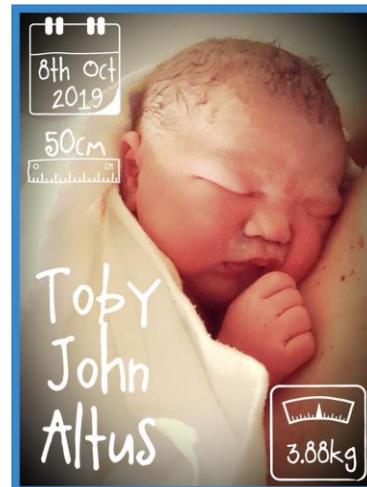


In 2019 Dr Kavitha Valeriparambath finished up consulting with us. She has moved her private practice to Mawson Lakes, and continues to hold a staff position at the Lyell McEwin Hospital. We wish her all the best for the future and thank her for her time and care while working with us. Dr Boon Tan, Geriatrician joined our ranks after the closure of Galmec Specialist Suite. We has

been a welcome face in the corridor on a Monday.



Dr Liesl Altus returned to Nunyara House in early 2019 as a requirement of part of her final 6 months of Advanced Specialist Physician training in Endocrinology, having worked here in the past in a similar capacity. Since her early days visiting Nunyara she has grown her family by 3 welcoming Toby into the world in 2019. She is currently on maternity leave but we expect to see her return as a fully-fledged consultant in March.



Our faithful and hardworking admin staff are currently on a brief, well-earned Christmas-New Year break. Cherie sold her home in Mount Crawford and has moved into the Barossa to be closer to grandchildren. She is contemplating retirement in 2020 and will be missed dearly when the day for her to hang up her head set comes. Sue fast fingers continue to tap out our letters. In her spare time she enjoys flying and can be seen if you tilt your head up to the sky over the Gawler Flying club. Alex continues to keep me carbed up on our Thursday catch up clinics with sweet bakery treats. She loves to

plan her next holiday, preferably one which involves family, the sun and the beach.

Nunyara gained a new member of staff in 2019. My father in his retirement has been putting in some hours each week to tame our overgrown front garden and to put a new lick of paint on our picket fence which is looking a treat again. He can often be seen in the early hours of the morning when the sun is rising and the birds are waking doing his thing. I really should give him some ID. One of my protective patients bailed him up after hours and asked him if he was “up to no good”. Admittedly it was a cold morning, he was wearing a beany, and probably looking a little bit like an ex-con.... Welcome Tony! I appreciate not having to do any outside chores at Nunyara anymore.



Parind’s family has also grown. Any more children and he will be looking at getting a “people mover” to get around.



I signed up to JDRF’s ride to cure diabetes again in 2019. This year the event took on a new look with a 24 hour Revolve challenge scheduled at The Bend, Tailem Bend. I once said I would keep riding my bike, fundraising and raising awareness for Type 1 diabetes until a cure is found, so didn’t hesitate signing up. This time I was really put to the test. After 24 hours I had ridden over 600kms, losing by big toe nails in the process, but finishing with an overwhelming sense of achievement. Here I am riding with

cycling legend and ex-pro Justin Morris who has Type 1 diabetes.



In 2019 our journey to go “digital” with the NBN being rolled out in our area continued. Much to our frustration this did not go smoothly with Cherie spending hours on the phone to call centers when our system continued to crash. There is nothing more patronizing being told by a call center when you call them when the system is working, “that the system appears to be working now, call us when it is not working”, when of course it is impossible to call them internally when we had no telephone service! Fortunately the system appears to be working at present, including our “closed for Christmas” recording which Cherie put together after Alex came up with an excuse not to do it herself. Alex, 2020 is your year! Maybe you can sing a closed for Christmas message this year...



In closing, please do not hesitate to contact Cherie or myself if you have any concerns or suggestions for the rooms.

I wish you and your families a safe and happy year ahead. I look forward to working with you all again through 2020.

Kind Regards,

Anthony Zimmermann

Nunyara: Restored to Health