



**Nunyara House**  
**Specialist Medical Centre**  
43 Adelaide Road, Gawler South SA 5118  
Telephone: 85222899 Fax: 85233659

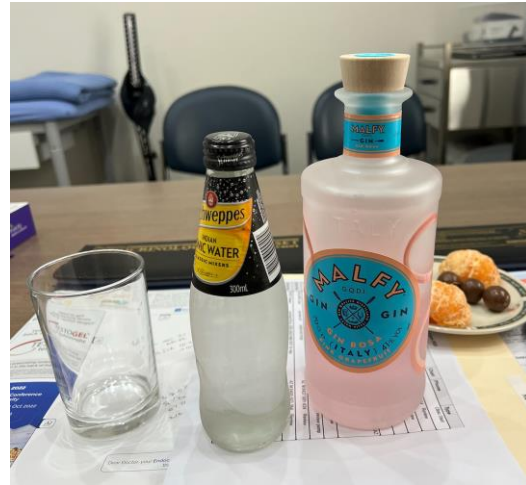
18<sup>th</sup> December 2022

Here we are a year on from last newsletter. What a year! We've been living with Covid-19 for more than 12 months now since the states opened their borders. It has been a challenging year for many people, particularly those who have lost loved ones and continue to lose loved ones, and the health profession who seem to have been doing the hard yards when it comes with dealing with the consequence of the pandemic while the general community just want to return to "normal" everyday life. We've had to deal with overflowing hospitals and emergency departments, adjusting to alternative means of delivering healthcare for example with the use of telehealth, staff shortages and ongoing use of personal protective equipment and mask wearing. I'm sure that Alex and Lisa have got sick of having to fix up the hand sanitizer dispenser at the front door. One by one each of the Nunyara team have had their turn getting Covid-19. I think I may be the only one who has not had their turn!

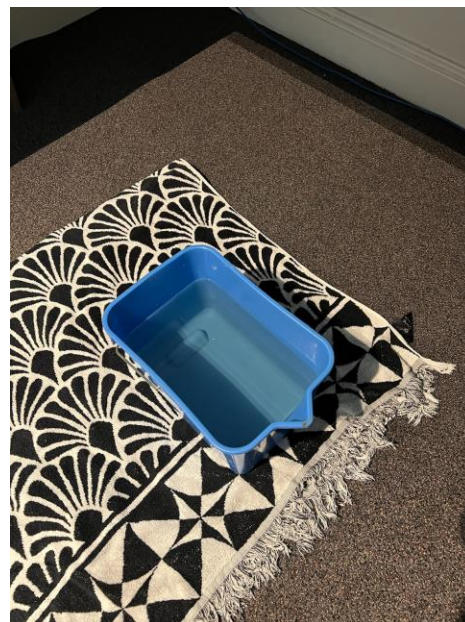
Life has gone on and consulting has continued at Nunyara albeit behind the "safety" of masks and hand sanitizer. All of us have been very busy and I am sure are looking forward to a few days of respite over the Christmas New Year period. We have had the same team in 2022 as we finished up with at the end of 2021 although Alex has been studying and hopes for a career change during 2023. We will miss her. Unfortunately that means we will be looking for a new admin team member next year. I have been so lucky with the dedication and work ethic of our admin team since we opened up more than 10 years ago. I hope this luck continues. We have the same clinicians working at the rooms and could probably accommodate a few more but have not been actively recruiting because we seem to have a lovely balance at the moment.

Our clinics have been busy, busy, busy and we are often consulting through breaks. Lisa made me laugh earlier this year by having a survival

pack ready for me at the beginning of one of my Thursday "catch up" clinics. I can assure you that no alcohol was consumed before consulting started but it was tempting...



Not only has it been an unusual consulting year, it has been an unusual weather year as we found out during unseasonal heavy rains when water started pouring out of the ceiling in the reception area. I ended up on the roof in the rain and discovered that I am a better doctor than a DIY fix it guy.... Fortunately our original builder Bruce Gniel came to the rescue and was able to isolate the problem and replace the ceiling. It was also nice that our insurance came to the party.



Alex and I were able to catch up with Cherie Whitford and Sue Ingham, our original reception team who are now both enjoying retirement and spending time with their families. Unfortunately I don't think we will have any chance of luring them back to help out. They are enjoying retirement too much!

Alex has been itching to get back overseas. She is currently in Bali enjoying a get away with family. She has been telling us for months that she can't wait to take advantage of the swim up bar. We hope you remember the Sun cream Alex! Wilson is also about to head back to India for a long overdue catch up with family. I think Raj has already made a couple of international trips this year, hopefully a mix of work and pleasure. Parind and Liesl visited New Zealand for an Endocrine conference which turned into a super spreader event... Fortunately both returned unscathed. I think we are all looking forward to some more travelling opportunities in 2023.

We also finally got to catch up out of hours early this month for lunch and a glass of wine at Uleybury Wines. It was lovely sitting outside enjoying nibbles and pizza and meeting family members. The kids also had a great time although we must apologize to Magda after Parind's children found some farm mud to play in.



Well 2023 is nearly here and we will find out soon what it has in stall for us. Hopefully it will be an easier year with more after work gins and beers, more on time finishes, and less mask wearing. A special thank you to Lisa and Alex who unlock each day and help our clinics run so smoothly, and my wife Trudy who also does a lot of behind the scenes work to make sure our consulting experience goes without a hitch.

Wishing you and your families and loved ones a safe and happy Christmas and year ahead.



Kind Regards,

Anthony Zimmermann

Nunyara: Restored to Health